# ANNUAL ACTIVITIES REPORT



# FOR THE YEAR 2018-19



Secretary.

Secretary.

Integrated Rural Uplifument

Service (IRUS). Kivam.

# **INTEGRATED RURAL UPLIFTMENT SERVICE (IRUS)**

KIYAM, P.O. THOUBAL, B.P.O. KIYAM SIPHAI - 795138 THOUBAL DISTRICT, MANIPUR (INDIA)

E-mail: irukiyam@gmail.com

# INTEGRATED RURAL UPLIFTMENT SERVICE (IRUS)

Kiyam Siphai, Thoubal District, Manipur

# DURING THE YEAR 2018-19

# INTRODUCTION:

Integrated Rural Upliftment Service (IRUS), Kiyam Siphai, Thoubal District, Manipur is a rural based voluntary organisation set-up with a view to extending commendable services to the backward/rural masses in the state of Manipur, irrespective of caste, creed, sex, religion etc., for their upliftment and welfare in all fronts. This Organisation, which is non-political, non-governmental, non-sectarian, non-profit making body, came into existence in the year 1991, 27th April as a result of the great endeavours of the youths to root out the shortcoming facing to the rural masses and weaker sections in some respect. Since its inception, it has been taking a major role to disseminate knowledge and skills to the rural youths so that they can understand their responsibilities and presentations to the society. The organisation also stresses the need on enlightening a new horizon to the rural and backward areas for an overall development.

# LEGAL STATUS:

The IRUS got registered on the 30<sup>th</sup> December, 1991 under Manipur Societies Registration Act 1989 (Manipur Act 1 of 1990). Its number is 84 of 1991.

# AREA OF MEMBERSHIP:

The area of membership of the IRUS covers the Thoubal zone only.

# Area of business operation:

The area of business operation of the IRUS covers all areas in the state of Manipur.

# WORKING HOURS:

The working hour of the IRUS is from 10.30 am till 3.30, p.m. daily except on Sundays and Holidays.

# OFFICE ACCOMMODATION:

The Head Office of the IRUS is located at Kiyam, Thoubal District, Manipur. The office is accommodated on its own building.

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# MAIN OBJECTIVES OF THE IRUS:

- (a) To make active and mass involvement of youths and women in social welfare and other development activities for socio-politica desconomic development of the state.
- (b) To provide skill/vocational training to youths and women in rural/ backward areas for self-employment.
- (c) To promote education, health care, sanitation, information technology, aged-welfare programme in rural/backward areas.
- (d) To promote science & technology, art & culture, games & sports, agricultural and horticultural practices in the rural areas.
- (e) To encourage non-formal education as a part of Total Literacy Mission.
- (f) To take up women & child welfare programme.
- (g) To take up any programme or project which may be beneficial to the society for better future.
- (h) To open a counseling centre for the educated youths to enable themselves make the choice of their right career.
- To raise its fund by receiving from several sources like members contribution, donations, charity shows, grants & loan from the funding agencies etc.

# EXECUTIVE / MANAGING COMMITTEE:

There are 5 (five) members in the Managing Committee of this organization. The five members are entrusted both to lay down the policies/guidelines for the development of organisation and to chalk out the programmes/schemes to be implemented for the welfare and upliftment of rural/backward masses.

# SOURCES OF FUNDS:

The IRUS raises its fund by receiving from several sources like, loans, grants, member's subscription contributions, donations, charity shows, sale of finished products etc for the smooth implementation of the programme.

# **FUTURE THRUST PLAN:**

A sustainable life, that is, shelter, clothing, food security, good surroundings or environment etc, are the pre-requisite of human beings. The IRUS strongly believes that it can be achieved easily only through the active and mass participation of public. The followings are the targeted programmes to implement in the coming year 2019-2020.

- Promotion of vocational / skill training to youths and women in rural areas.
- Promotion of rural health care, sanitation, aged welfare programme.
- Promotion of quality education, rural library services, information technology, AIDS education, rain water harvesting, child welfare etc.

Secretary, Unlistment integrated Rural Unlistment Kivam Service (IRUS).

- Promotion of conservation and preservation of tiora and fauna, art and culture.
- Promotion of sports infrastructure and agro-horticulture activities in rural and remote areas.

# CONCLUSION:

The IRUS has been doing many commendable services for rural upliftment and welfare. While performing such programme it has also been facing some difficulties against financial matter for timely and smooth conduct. So the IRUS stresses the need on seeking financial assistance from noble funding agencies, different ministries & departments in India so as to help bring about our state more prosperous. Lastly, the Organisation is inviting your kind co-operation and help in this connection to achieve the aim and objectives set-forth in the memorandum of the Organisation. Your kind help and cooperation is highly acknowledged.

# **ACTIVITIES UNDERTAKEN DURING THE YEAR 2018-19**

# SENIOR CITIZENS' HOME:

The Integrated Rural Upliftment Service (IRUS) has been running Senior Citizen's Home at Sagang, Churachandpur District, Manipur under the financial assistance from the Ministry of Social Justice & Empowerment, Govt. of India, New Delhi vide sanction letter No. 15-14(20)/2015-16-Sr.C.I since 1st April, 2018. The project is converted into Senior Citizens' Home for 25 Senior Citizens from Multi Service Centre for 50 older persons. Through the centre, 25 senior citizens are getting benefit in a broad spectrum services by providing fooding, shelter, clothing, recreation, regular medical check-up, yoga, companionship and outings. The beneficiaries also produced income generating works by making agarbati and the income of elder persons are generated for their self expenditure.

# DRUG ABUSE AWARENESS PROGRAMME:

The organisation had organised one day drug abuse awareness programme on 10<sup>th</sup> June, 2018 at Thoubal Kiyam, Thoubal District, Manipur. During the programme, the resource persons from the concerned department took delivered on the preventive measures of the drug and important of undertaken alternative programmes of vocational training is so much for recovery addict to sustain in normal life. Many problems which were created from different angle in the society can be resolved. 80 youths, local leaders, club, meira paibis, students were participated in the programme.

# WOMEN AND CHILD WELFARE PROGRAMME:

The organisation has organised 1 day free medical camp for women and children at Kiyam Makha Leikai, Thoubal District on 15th July, 2018. About 110 campers comprising women and children participated in the camp. The camp was jointly organised with Kiyam Welfare Club.

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# LIBRARY-CUM-INFORMATION CENTRE:

The organisation has been running since its inception a library cum information centre at its office as a part of achieving the objectives. The centre has been providing book facilities to the poor students in this area. In addition to this, two daily local papers, one daily national paper, two career magazine or journals & one weekly employment news are made available to the reader in this library. The average daily readers range from 10 to 15 persons. A career counseling centre has also been run so that the educated unemployed youth can make their choice easily in regard to their career in life. The working hours of this library is from 10:30 a.m. up to 3:30 p.m. daily except on Sundays and Holidays.

# YOUTH DEVELOPMENT CENTRE:

The organisation has been running a Youth Development Centre at Kiyam with own fund. The main objectives of the programme is to develop value and qualities of youth with trustworthy, honesty, patience, understanding, self respect to other in peace and harmony at all level.

# VOCATIONAL TRAINING PROGRAMME:

The organisation has conducted 2-months Vocational Training on handloom weaving at organization's training hall commencing from 2nd November, 2018. The organisation has engaged 2 Instructors on honorarium basis. At the training, the instructors taught the theory class by the way of targeted syllabus of the course and after completion of the theory class, practical classes were conducted, 10 trainees were participated in the programme.

# AUDITOR:

M/S AMD & ASSOCIATES, Chartered Accountants, Thangal Bazar, Manipur.

# BANKER:

State Bank of India, M.U. Campus Branch, Canchipur.

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# MINUAL REPORT

# FOR THE YEAR 2017-18





# **INTEGRATED RURAL UPLIFTMENT SERVICE (IRUS)**

KIYAM, P.O. THOUBAL, B.P.O. KIYAM SIPHAI - 795138 THOUBAL DISTRICT, MANIPUR (INDIA)

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# INTEGRATED RURAL UPLIFTMENT SERVICE (IRUS)

Kiyam Siphai, Thoubal District, Manipur

# DURING THE YEAR 2017-18



# Introduction:

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# Legal status:

The IRUS got registered on the 30<sup>th</sup> December, 1991 under Manipur Societies Registration Act 1989 (Manipur Act 1 of 1990). Its number is 84 of 1991.

# Area of membership:

The area of membership of the IRUS covers the Thoubal zone only.

# Area of business operation:

The area of business operation of the IRUS covers all areas in the state of Manipur.

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The working hour of the IRUS is from 10.30 am till 3.30. p.m. daily except on Sundays and Holidays.

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The Head Office of the IRUS is located at Kiyam, Thoubal District, Manipur. The office is accommodated on its own building.

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- (b) To provide skill/vocational training to youths and women in rural/ backward areas for self-employment.
- (c) To promote education, health care, sanitation, information technology, aged-welfare programme in rural/backward areas.
- (d) To promote science & technology, art & culture, games & sports, agricultural and horticultural practices in the rural areas.
- (e) To encourage non-formal education as a part of Total Literacy Mission.
- (f) To take up women & child welfare programme.
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- (h) To open a counseling centre for the educated youths to enable themselves make the choice of their right career.
- (i) To raise its fund by receiving from several sources like members contribution, donations, charity shows, grants & loan from the funding agencies etc.

# Executive / Managing Committee:

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There are 5 (five) members in the Managing Committee of this organization. The five members are entrusted both to lay down the policies/guidelines for the development of organisation and to chalk out the programmes/schemes to be implemented for the welfare and upliftment of rural/backward masses.

# Sources of Funds:

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The IRUS raises its fund by receiving from several sources like, loans, grants, member's subscription contributions, donations, charity shows, sale of finished products etc for the smooth implementation of the programme.

# Future Thrust Plan:

A sustainable life, that is, shelter, clothing, food security, good surroundings or environment etc, are the pre-requisite of human beings. The IRUS strongly believes that it can be achieved easily only through the active and mass participation of public. The followings are the targeted programmes to implement in the coming year 2018-2019.

- Promotion of vocational / skill training to youths and women in rural areas.
- Promotion of rural health care, sanitation, aged welfare programme.
- Promotion of quality education, rural library services, information technology, AIDS education, rain water harvesting, child welfare etc.
- Promotion of conservation and preservation of flora and fauna, art and culture.
- Promotion of sports infrastructure and agro-horticulture activities in rural and remote areas.

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# Conclusion:

The IRUS has been doing many commendable services for rural upliftment and welfare. While performing such programme it has also been facing some difficulties against financial matter for timely and smooth conduct. So the IRUS stresses the need on seeking financial assistance from noble funding agencies, different ministries & departments in India so as to help bring about our state more prosperous. Lastly, the Organisation is inviting your kind co-operation and help in this connection to achieve the aim and objectives set-forth in the memorandum of the Organisation. Your kind help and cooperation is highly acknowledged.

# **ACTIVITIES UNDERTAKEN DURING THE YEAR 2017-18**

# Multi Service Centre for Older Persons:

The Integrated Rural Upliftment Service (IRUS) has been running Multi Service Centre for 50 (fifty) Older Persons at Kiyam under the financial assistance from the Ministry of Social Justice & Empowerment, Govt. of India, New Delhi since 1st March, 2002. Through the centre fifty elderly persons from Kiyam village under Thoubal District of the State of Manipur are getting benefit in a broad spectrum services in the areas of health, nutrition, recreation and companionship.

# Food Processing and Preservation Training:

The organisation has conducted 5 days training course on Food Processing and Preservation commencing from 1st June, 2017 at the organisation training hall, Kiyam, Thoubal District, Manipur with own fund of the organisation with an enrolment of 20 trainees. During the training programme, the organisation has engaged 2 instructors who gave theory and practical classes on Food Processing/Preservation.

# Women and Child Welfare Programme:

The organisation has organised 1 day free medical camp for women and children at Kiyam Makha Leikai, Thoubal District on 15th July, 2017. About 110 campers comprising women and children participated in the camp. The camp was jointly organised with Kiyam Welfare Club.

# Library Cum Information Centre:

The organisation has been running since its inception a library cum information centre at its office as a part of achieving the objectives. The centre has been providing book facilities to the poor students in this area. In addition to this, two daily local papers, one daily national paper, two career magazine or journals & one weekly employment news are made available to the reader in this library. The average daily readers range from 10 to 15 persons. A career counseling centre has also been run so that the educated unemployed youth can make their choice easily in regard to their career in life. The working hours of this library is from 10:30 a.m. up to 3:30 p.m. daily except on Sundays and Holidays.

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# Youth Development Centre:

The organisation has been running a Youth Development Centre at Kiyam with own fund. The main objectives of the programme is to develop value and qualities of youth with trustworthy, honestly, patience, understanding, self respect to other in peace and harmony at all level.

# Yoga Training Programme:

The organisation has organized one month Yoga Training Programme at Kiyam Community Hall, Thoubal commencing from 10<sup>th</sup> September, 2017. The objectives of the programme is to give awareness of Patanjali (eight fold part of Yoga) includes Yama Niyama Asana, Krama, Pranayam, Dharma Samadhi and to develop a healthy body mind over coming undesirable personality traits like ignorance egoism, sloth, hatred selfishness attachment. It upholds the values truth, sincerity, honesty, chastity, contentment's co-operation, humanism and spiritual awareness, in this Yoga training programme, 20 youths of Kiyam Village and its surrounding village of Thoubal District, Manipur.

# Free Health Camp:

The organisation was organized 1 day Free Health Camp at Kiyam, Thoubal District, Manipur on 3<sup>rd</sup> October, 2017 in association with PHC, Kiyam. Altogether 125 women and children took part in the camp. Free medicines were also distributed to the campers.

# **Vocational Training Programme:**

The organisation has conducted 2-months Vocational Training on handloom weaving at organization's training hall commencing from 2<sup>nd</sup> November, 2017. The organisation has engaged 2 Instructors on honorarium basis. At the training, the instructors taught the theory class by the way of targeted syllabus of the course and after completion of the theory class, practical classes were conducted, 10 trainees were participated in the programme.

#### Auditor:

M/S AMD & ASSOCIATES, Chartered Accountants, Thangal Bazar, Manipur.

#### Banker:

United Bank of India, Thoubal Branch, Manipur.

State Bank of India, M.U. Campus Branch, Canchipur.

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Secretary, IRUS

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Service (IRUS), Kivam